



Sweep Dreams Chimney & Duct  
1350 Scenic Drive NW  
Sauk Rapids, MN 56379

*"The absolute finest chimney and duct care  
in Central Minnesota."*

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# WINTER NEWSLETTER

**JANUARY 2007**



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1350 Scenic Drive NW  
Sauk Rapids, MN 56379  
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## Name Change!

For over 12 years you have known us as Sweep Dreams Chimney Service. In 2006 we made an addition to our company by adding Duct Cleaning to our services. This has become so much a part of what we do that we have changed the name of our company to **Sweep Dreams Chimney & Duct**. We still have all the great services as before the name change, but with indoor air quality at the top of home owners concerns these days, we want you all to know about this important service we now provide.

## Duct Cleaning

Have you been in your house for years and never had your ducts cleaned? Or have you recently moved into a house and don't know if the ducts have EVER been cleaned? If so, give us a call! Using our roto-vision camera, we can show you just how much dust, pet hair and other nasty stuff has accumulated in your system over the years.

When we first arrive, we'll ask you to show us the location of each of your registers and cold air returns. We'll then look at the furnace room to see how your duct system is laid out. Next we'll bring in our equipment. Each register cover is washed in a degreasing solution to remove dust, cooking oil and smoke residue. Then each duct is brush-cleaned all the way to the trunk duct. After all the branch ducts are cleaned, we brush-clean the trunk ducts, verifying they're clean with the roto-vision camera. After checking to be sure nothing has fallen down onto the coils or condensation pans above your furnace, we seal up any access holes in the trunk ducts. The last step is to fog the system. This is optional, however, we highly recommend it. This is done by turning on your furnace fan and using a portable fogging machine to aerosolize an EPA registered anti-microbial solution that is effective against bacteria, mold, mildew, fungi and algae. This product is safe to use in populated areas and leaves the air in your house fresh and clean.

Be sure to ask about our referral bonus program, where we give \$10 for referrals that turn into a booked duct cleaning job! All you have to do is fill out one of our referral postcards with your info and give it to a friend or family member that is interested in duct cleaning. When we go to clean their ducts and they give us the card, we'll send you \$10! It couldn't be easier!

## CHICKEN PICCATA

With New Years resolutions freshly made, eating light is at the top of many people's list. This recipe fits the criteria but also looks and tastes wonderful. I served this for an elegant dinner party with bread sticks, steamed broccoli and a salad with raspberry vinaigrette. It is extremely easy to make and makes a great impression on company. Pointers: Because cutlets are so lean and only cook for a few minutes, they produce little natural drippings to create a foundation for a sauce. So any sauce you serve will be made mainly from ingredients you add. With this in mind, it is very important to use only fresh lemons and a good white wine. For the cutlet, I bought chicken tenders and pounded them flat between plastic wrap. The wine and lemon make it so tender, it just about melts in your mouth.

- |                                |                       |
|--------------------------------|-----------------------|
| 4 chicken cutlets              | 2 T fresh lemon juice |
| 2 T. vegetable oil             | 1 T capers            |
| ¼ cup dry white wine           | 2 T unsalted butter   |
| 1 t. garlic, minced            | Fresh lemon slices    |
| ½ cup low-sodium chicken broth | Chopped fresh parsley |

Season cutlets with salt and pepper then dust with flour. Spray a sauté pan with nonstick spray, add vegetable oil, and heat over medium-high. Saute Cutlets 2-3 minutes on one side. Flip the cutlets over and sauté the other side 1-2 minutes with the pan covered, transfer cutlets to a warm plate: pour off fat from the pan. Deglaze pan with wine and add minced garlic. Cook until garlic is slightly brown and liquid is nearly gone, about 2 minutes. Add broth, lemon juice, and capers. Return cutlets to pan and cook on each side 1 minute. Transfer cutlets to a warm plate. Finish with butter and lemon slices, once butter melts, pour sauce over cutlets. Garnish with chopped fresh parsley and serve.



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## Homeshow 2007

Be sure to stop by and say hello at the CMBA Home Show at the St. Cloud Civic Center March 9-11. Hours are Friday 2-9 p.m., Saturday 10-7, and Sunday 10-4. Our booth will be number 605 at the Terry Haws Center.

It's always a great time to get out and see what's new. We'll be there the entire time to visit with you and answer any questions you might have about any of our services. As always, you will know we are there by all of the carnations people are carrying around. We started giving a flower to each person that stops by, and our booth has become one of the more popular attractions at the show. It is just another opportunity to say thanks to our loyal customers.

## Why So Many People Have Inserts Installed

It is not uncommon for people to find out that the clay tiles that make up their chimney liner have cracks in them, or that the mortar joints between the tiles have holes in them. These faults are potentially hazardous, and in some cases obviously dangerous. But what can you do after you find out about this? Some people choose to reline their chimney with stainless steel, which is fine if your system is one that will actually put heat into your room, but many older fireplaces actually have an overall *negative* net effect on heating. This is because in order for a draft to be established in the large flues of masonry fireplaces, a lot of heated house air must be sucked into the fireplace.

A better option for most people is to install a woodburning insert with a 6" insulated stainless steel liner. Our Napoleon model 1401 insert presents a curved, bay shape to your room, projecting graciously onto your hearth. It also comes standard with two powerful heat circulating blowers. It is the perfect way to make your masonry fireplace efficient. You will enjoy easy operation and clean burning fires radiating luxurious heat. All this with minimal wood *and* effort. For more information, please check our website, or call our office to schedule a time when you can come in and look at our floor model in person.

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## A Big THANK YOU To All Who Came To Our Open House For Arborgardens and Sweep Dreams.

By Ruth McGrath

Our open house on November 17-19 was a huge success. It was fun to see customers old and new, and for me, it was nice to be able to put faces to the names. It was a great opportunity for our chimney customers to stop by and chat with Tom about ideas to upgrade their wood burning system, or to get prices, or just to have a glass of wine and visit for awhile. Unfortunately, Anthony was away at guards that weekend, but next year we will make sure he is here, also.

I often talk to people for years on the phone, and don't get a chance to meet them in person. As you may know, I share painting studio space with Sweep Dreams in our office building. Thank you for all the kind words about my art and for those of you that purchased cards or paintings for your homes. If you missed the open house, but would still like the opportunity to purchase a copy of the limited edition painting featured on the cover of this years Minnesota Moments magazine, you can still do that either through the MM website: [www.MinnesotaMoments.com](http://www.MinnesotaMoments.com) or contact me by phone or email at [Arborgarden@charter.net](mailto:Arborgarden@charter.net). As you may know the profits from the print go to the Central Minnesota Boys' & Girls' Club.

I would also like to take this opportunity to announce my exhibit at the US Bank downtown, St Cloud. It will be up during January and February 2007. If you get a chance to stop by, be sure to go all the way through the bank, as the majority of items are displayed on the white walls by the back entry. Also, I have a painting exhibited at the Paramount in the Visual Arts Minnesota show titled Essential Art.

Thank you all for your support from Sweep Dreams Chimney and Duct and Arborgardens Studio.

## Fun Corner

### SUDOKU

9			3		8	1	7	
			5					
7	5			4	1			6
		8			2			
2	6			1	5	9		3
1		9	8	3			2	4
			9					1
		7				2	3	9
					3		6	

Each Sudoku has a unique solution that can be reached logically without guessing. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

This puzzle is an easy one, but if you're a beginner, the answer will be posted on our website.



### Crazy Minnesota Laws

*We went online and found these actual laws still on the books in Minnesota!*



Citizens may not enter Wisconsin with a chicken on their head.

All bathtubs must have feet.

All men driving motorcycles must wear shirts.

It is illegal to sleep naked.

If you think those are silly, how about the St. Cloud law that states: Hamburgers may not be eaten on Sundays.



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